

# Worksheet for Assessing Workplace Conflict

Based on a validated Workplace Interpersonal Conflict Scales (WISC)<sup>1</sup>

This worksheet will help you identify how often each happens by circling one response next to each question. In the past 30 days, how often have you:

	Never	Almost Never	Sometimes	Often	Very Often
1. Felt like you were treated unfairly by others at work?	1	2	3	4	5
2. Had a disagreement with others over the work you do?	1	2	3	4	5
3. Been shown a lack of respect or felt underappreciated by others at work?	1	2	3	4	5
4. Been treated with hostility or rude behavior by others at work?	1	2	3	4	5
5. Had others yell at work?	1	2	3	4	5
6. Been blamed or criticized for something that was not your fault by others at work?	1	2	3	4	5
7. Been given unclear directions by others at work?	1	2	3	4	5

<sup>1</sup> Wright, R. R., Nixon, E. et.al. (2017). *The Workplace Interpersonal Conflict Scale: An Alternative in Conflict Assessment*, Psi Chi Journal of Psychological Research (Vol.22, No.3)